



## Welcome Pack 2021

### IMPORTANT DATES

#### **RAD Ballet Exam 2020 Results Presentation**

Saturday 30th January  
12.30 - 1pm  
Roseville Studio

**Term 1:** Friday 29th January  
- Thursday 1st April (9 weeks)

**Term 2:** Monday 19th April -  
Saturday 26th June (10  
weeks)

**Term 3:** Monday 12th July -  
Saturday 18th September (10  
weeks)

**Term 4:** Monday 4th October  
- Saturday 11th December  
(10 weeks)

**Mother's Day Dance  
Classes:** Saturday 8th May

**Father's Day Dance  
Classes:** Saturday 4th  
September

**Professional Photoshoot  
Day:**  
TBA

**Royal Academy of Dance  
Ballet Exams:**  
TBA November 2021

**Annual Concert:**  
TBA Term 4 2021

**Christmas Display, Awards  
Presentation & Party:**  
Saturday 11th December

Dear SDGA Parents,

Welcome and welcome back, and a big thank you for your continued support. This year celebrates our 11th birthday and we can't thank you enough for giving us the gift of sharing our love of dance with your children. We hope you have a wonderfully relaxing summer holiday and are looking forward to our biggest and best year yet in 2021 with new Performance Troupes, new Advanced Ballet & Jazz classes for our Junior students, a brand new venue in Northbridge, and the chance to step onto the stage again for our a special end of year concert.

Enclosed in this welcome pack is information regarding dance styles we offer, term dates, the timetable, fees, Ballet exams and our annual concert. If you have any questions, please don't hesitate to ask.

We can't wait to see you soon,  
Miss Regina & team SDGA



# Dance Styles

## COMBO CLASSES

All of our younger classes are combo classes, either of Ballet & Jazz or Ballet, Jazz & Tap. We follow this structure because each style is important in developing versatile and well rounded dancers. Ballet technique is fundamental to excelling in all styles of dance and improves posture, poise and body awareness. Jazz (including Lyrical, Contemporary and Musical Theatre) develops coordination and improves leaps and jumps at a young age. Tap develops rhythm, coordination, memory and musicality. Just as children learn all of the different apparatus in gymnastics, offering combo classes keeps our dancers actively engaged for their whole lesson as they benefit from the unique challenges of each style.

## BALLET

Ballet classes follow the Royal Academy of Dance syllabus, offering students the opportunity to participate in Class Awards, Examinations and Solo Performance Awards. Ballet technique is essential to excel in other styles of dance and for students wishing to pursue a career in dance. The new Royal Academy of Dance syllabus is engaging and there is now a greater emphasis on 'feeling before form' for the younger grades, and then 'feeling with form' as the grades progress. Ballet improves posture, flexibility and grace, while instilling a sense of self-discipline and a sense of achievement and pride as students prepare for exams.

## JAZZ

Commercial Jazz, Lyrical, Contemporary and Musical Theatre Jazz are taught in our Jazz classes. Commercial and Musical Theatre Jazz styles are sharp and energetic, while Lyrical and Contemporary are softer and more expressive. These genres develop strength, coordination, flexibility, rhythm and musical awareness. Students learn technical turns, leaps and basic gymnastic skills such as handstands, cartwheels and bridges, which add the 'wow' factor in dances.

## LYRICAL

We offer a specialised Lyrical class for our Intermediate and Senior students (from 10 yrs +). Lyrical dance encompasses classical Ballet, Jazz and Acrobatic technique performed to expressive music. Our younger students learn elements of lyrical dancing in their Jazz & Acro Dance classes, as well as in the Development & Performance Troupes.

## TAP

Tap classes develop rhythm, style and coordination. Students learn a variety of tap styles including Fast Tap, Broadway Tap and Waltz Tap, to pop musical as well as jazz music.

## ACRO DANCE

In Acro Dance classes, students learn Jazz Ballet and Gymnastics floor skills which can be performed in a dance. Students develop core strength, control and flexibility and learn correct technique for handstands, cartwheels, bridges, walkovers, aerials (cartwheels and walkovers without hands touching the floor), chest rolls, elbow stands, partner cartwheels etc. **Younger classes are approximately half Jazz Ballet and half Gymnastics.** Older classes are majority Gymnastics based as students at this level are expected to have a solid technical foundation in Dance and be working on Acro skills during these classes to incorporate into their other dance classes. Advanced students must be able to perform cartwheels, round-offs and unassisted walkovers. These classes will move at a much faster pace. Students who are not at the required level will be asked to attend a more appropriate class.



# Development & Performance Troupes

## DEVELOPMENT TROUPE

Our Development Troupe is for students who may be interested in auditioning for the Performance Troupe in future or who are wanting to improve their technique, performance skills and confidence across all dance styles. The Development Troupe is ideal for those students balancing other sporting and cultural commitments, and is the perfect stepping stone into the Performance Troupe. The Development Troupes will perform at our annual concert but do not compete at eisteddfods throughout the year. There are no minimum training hours required per week to be part of the Development Troupe.

## PERFORMANCE TROUPE

The Performance Troupe represent our dance studio and compete at eisteddfods throughout the year. Selection for our Performance Troupes is by invitation and audition only. For students working towards the Performance Troupe, the Development Troupe is the ideal stepping stone. Performance Troupe dancers may also be part of the Development Troupe and the Development Troupe hours count towards the 4.5 hours of required training per week. Information is on our website regarding Performance Troupes. All eisteddfod dates are provided by March 1st and commitment to all eisteddfods thought the year is imperative to the success of the troupe. Please contact SDGA to express your interest.

**Performance Troupe students must attend the compulsory Troupe Day Saturday 20th February (this is when the dance will be taught) and attend a minimum total of 4.5 hours of classes per week.**

Troupe Weekly Rehearsal Times:

Pre-Junior Development Troupe:

Saturdays 9.30am - 11.30am (Kindy - Year 1)

8/u Performance Troupe:

Saturdays 11.30am - 12.30pm

Junior & Inter Development Troupe:

Saturdays 10.30am - 12.30pm (Year 2 - 6)

12/u Performance Troupe:

Tuesdays 5 - 6pm

13/o Performance Troupe:

Thursdays 5.45 - 7.15pm

Solos/Duos/Trios:

Private lessons may be booked from 12.30pm on Saturdays



## PERFORMANCE TROUPE FEES

Performance Troupe classes are included in the fees structure however, as your dancer will use their costume for multiple performances throughout the year, you will need to purchase the costume. Costumes generally cost \$95 - \$115 each. Competition Fees: You will be sent an invoice via PayPal on 1st March for all eisteddfod entries for 2021 (generally \$20 - 40 per dance, per competition. There are 5 competitions throughout the year for Junior, Inter & Senior Troupes and 2 competitions for Pre-Junior Troupe). Payment secures your place in the Troupe.



# Pre-School Dance: Twirl, Tumble & Tap



Twirl, Tumble & Tap is a beautiful and developmentally appropriate introduction to ballet, dance, music, singing and gymnastics for girls and boys. Your child will love dancing with all of their new Twirling friends and enjoy learning the fundamental ballet positions and dance technique in a caring and nurturing class.

## What makes Twirl, Tumble & Tap different?

Our structured syllabus has been designed by our principal, Miss Regina Kneller RTS RAD, BA (Art History and Theory and Sociology) and Miss Anne-Louise Deakin RTS RAD, MScAgr, MTeach (0-5y). Our syllabus ensures that Twirl, Tumble & Tap classes are developmentally appropriate as well as engaging, inclusive, build social skills, increase body awareness, perseverance and early literacy and numeracy skills.

## Our Saturday morning 9.30 - 10.30am class syllabus comprises of:

### BALLET & DANCE

Ballet is the foundation of dance. Ballet helps to develop good posture from an early age while encouraging your dancer to move gracefully. We also incorporate other styles of dance such as Jazz and Musical Theatre, as well as the basics of Gymnastics, to improve strength, coordination and flexibility while introducing your dancer to a range of music styles.

### MUSIC

We use instruments and clapping patterns to develop musicality and a sense of rhythm. The use of patterns and sequences helps develop early mathematical concepts. Turn taking and sharing of props helps to develop social skills.

### SINGING

Singing and dancing to well-known children's songs and Nursery Rhymes helps to develop confidence, coordination and performance skills for presenting in front of an audience.

### DRAMA

Nurturing your dancer's creativity is very important as this builds into early literacy. We encourage story telling and imagination as an introduction to developing performance skills and engage every dancer in our classes to build their self esteem and confidence.

## Our TUESDAY ACRO DANCE class comprises of:

In Acro Dance classes, students learn Ballet, Jazz and Gymnastics floor skills which can be performed in a dance. Students develop core strength, control and flexibility and learn correct technique for handstands, cartwheels and bridges. Twirl, Tumble & Tap Acro Dance classes are approximately half Ballet & Dance and half Gymnastics. Students participating in these classes must be strictly 4 - 5 years old and starting Kindergarten (big school) in 2022.

### **DO YOU OFFER TRIAL LESSONS?**

Yes, we do! We encourage all parents to bring your child to a trial lesson and for parents to stay and watch the first class. This is a great opportunity for parents to see the studio, understand the structure of the class and help your child settle in. If your dancer enjoys their first class as much as we're sure they will, the first lesson will be included in their term fees. If the class isn't suitable for your child's current level then no fee is payable, not even for the trial class.

### **CAN PARENTS WATCH CLASSES?**

We understand that all children settle into class at a different pace. We encourage parents to watch your child's trial lesson to help them settle in to the class. After the first lesson, parents are encouraged to allow their child to participate on their own so they can fully immerse themselves in the class. You may wait in the kitchen area or the car park, or come back at the end of the lesson. Most children settle in very well during the first lesson and progress at a faster rate if you encourage them to follow the teacher. Please feel free to contact us to discuss your child's individual needs.

The last 15 minutes of the last lesson of each term is an open class for all parents, family and friends to watch the progress your child has made during the term. We would love you to see you there.

### **MOTHER'S DAY AND FATHER'S DAY CLASSES**

Each year we invite all of our TTT Dance parents and grandparents to attend special Mother's and Father's day dance classes from 9.30 - 10.30am in Roseville, regardless of which day your dancer attends. Wear your gym clothes and we look forward to welcoming you to join your dancer and participate in their class. It is a very fun day at the studio and a very special day for building memories together.

### **DO TWIRL, TUMBLE & TAP STUDENTS DANCE IN THE ANNUAL CONCERT?**

Yes, our littlest dancers have the opportunity to perform in our annual concert. As their enjoyment and safety is our priority, they sit with their parents in the audience and are then asked to come up through the audience onto the stage for their two dances (one in the first half and one in the 2nd half of the concert) and then return straight to the audience with their parents. They are also invited to join the finale dance at the end of the concert. After the finale, TTT dancers meet parents at the front of the stage to be taken home. They do not go backstage at any time.



# Timetable 2021

## ROSEVILLE

St Luke's Presbyterian Church,  
28 Lord St,  
Roseville NSW 2069

## LINDFIELD LEARNING CENTRE

Blair Wark Community Centre (above the oval)  
100 Eton Rd,  
Lindfield NSW 2070

## NORTHBRIDGE

1st Northbridge Sea Scouts Hall  
347 Sailors Bay Rd  
Northbridge NSW 2063

### SCHOOL PICK-UP

SDGA offers a **FREE** after school walking pick up service for our students:

Lindfield Learning Centre	Mondays & Tuesdays at 2.50pm	(meet at front gate)
Roseville Public School	Mondays & Thursdays at 3.10pm	(meet at play equipment outside the office)
Northbridge Public School	Tuesdays, Wednesdays & Thursdays at 3.10pm	(meeting at the oval gate)

#### How to register

Register online through the online enrolment form. Our teachers meet the students at the location above and their names are marked on the roll. We walk to the studio together where the students then change into their dance uniform and eat their afternoon tea before their dance class begins. Students are to bring their own afternoon tea (no nuts).

#### If your child will be absent

We offer this service to help you so please help us by informing us if your child is absent, otherwise we waste valuable dancing time calling parents who have 'forgotten' to let us know their child is at home.

If for any reason your child will be absent from the walking pickup you must email [info@sdga.com.au](mailto:info@sdga.com.au) by 2pm the day of the pickup. If your child is not at the pickup location 5 mins after the pickup time above we will call you. **If we have to call you on two occasions during the year because you have not informed us that your child is not attending the walking pickup, you will receive an email notifying you that your child is no longer on the walking pickup list.** They will still be enrolled in the class but not for the walking pickup. It will be your responsibility to get them to the class and there will be no refund for the remaining term fees if your child cannot attend the class.

#### If you cannot be contacted

If you cannot be contacted and your child is not at the pickup spot we will check with the school office whether they attended school. If they were absent we will begin our walk to the studio. If they attended school we will put an announcement over the loud speaker to meet us at the school office. If they are not at the office within 10 mins of the pickup time above we will begin our walk to the studio and your child is to go to the school office where the school will contact you to collect your child, following their school pickup procedure.

### TWIRL, TUMBLE & TAP (ages 4 - 5 yrs)

Tuesday	Pre-School Acro Dance	3.30 - 5 pm	Lindfield LV
Saturday	Pre-School Ballet & Dance	9.30 - 10.30 am	Roseville

# Timetable 2021 Continued

## PRE-JUNIOR (Kindy - Year 1)

Monday	Combo (Ballet & Jazz)	3.30 - 5 pm	Lindfield LV
Monday	Acro Dance	3.45 - 5.45 pm	Roseville
Tuesday	Acro Dance	3.30 - 5 pm	Northbridge
Tuesday	Acro Dance	3.30 - 5 pm	Lindfield LV
Thursday	Combo (Ballet, Jazz & Tap)	3.45 - 5.45 pm	Roseville
Thursday	Acro Dance	3.30 - 5 pm	Northbridge
Saturday	Development Troupe (no eisteddfods)	9.30 - 11.30 am	Roseville
Saturday	Performance Troupe	11.30am- 12.30pm	Roseville
Saturday	Solo/Duo/Trio Private lessons from	12.30pm	Roseville

## JUNIOR (Year 2 - 4)

Monday	Acro Dance	3.30 - 5.30 pm	Lindfield LV
Monday	Combo (Ballet & Jazz) (advanced - year 3 & 4)	3.30 - 5 pm	Lindfield LV
Monday	Combo (Ballet, Jazz & Tap)	3.45 - 5.45 pm	Roseville
Tuesday	Combo (Ballet & Jazz)	3.30 - 5 pm	Lindfield LV
Tuesday	Performance Troupe	5 - 6 pm	Lindfield LV
Wednesday	Acro Dance	3.30 - 5.30 pm	Northbridge
Thursday	Acro Dance	3.45 - 5.45 pm	Roseville
Thursday	Acro Dance (advanced)	4.45 - 6.45 pm	Roseville
Saturday	Development Troupe (no eisteddfods)	10.30 - 12.30 pm	Roseville
Saturday	Solo/Duo/Trio Private lessons from	12.30pm	Roseville

## INTERMEDIATE (Year 5 - 6)

Monday	Ballet & Jazz	3.30 - 5 pm	Lindfield LV
Monday	Acro Dance (advanced)	5.45 - 7.15 pm	Roseville
Monday	Ballet & Tap	5.45 - 7.15 pm	Roseville
Tuesday	Ballet & Jazz	3.30 - 5 pm	Lindfield LV
Tuesday	Performance Troupe	5 - 6 pm	Lindfield LV
Tuesday	Acro Dance	5 - 6.30 pm	Lindfield LV
Thursday	Lyrical & Contemporary	5.45 - 7.15 pm	Roseville
Saturday	Solo/Duo/Trio Private lessons from	12.30pm	Roseville

## SENIOR (Year 7+)

Monday	Acro Dance (advanced)	5.45 - 7.15 pm	Roseville
Tuesday	Ballet	6 - 7.30 pm	Lindfield LV
Thursday	Lyrical & Contemporary	5.45 - 7.15 pm	Roseville
Thursday	Lyrical & Contemporary Performance Troupe	5.45 - 7.15 pm	Roseville
Saturday	Solo/Duo/Trio Private lessons from	12.30pm	Roseville

# Fees Information 2021

Term 1: Friday 29th January - Thursday 1st April (9 weeks)

Term 2: Monday 19th April - Saturday 26th June (10 weeks)

Term 3: Monday 12th July - Saturday 18th September (10 weeks)

Term 4: Monday 4th October - Saturday 11th December (10 weeks)

## ALL-INCLUSIVE FEES

SDGA has an ALL INCLUSIVE fee structure. The fee below covers classes as well as costume hire for our annual concert and photoshoot, and certificates and medals at the end of the year. Fees are calculated per family. Development and Performance Troupe class fees are included in the 'hours per week'. A PayPal invoice is sent to your nominated email address during the last two weeks of the previous term and payment is due before the start of each term. Holiday classes, ballet exams and performance troupe costume and eisteddfod entry fees are not included in the fees below (see 'Performance Troupe' info page).

No discount will be given for students who are absent during the term or for students who withdraw after the term has commenced. If your child is absent, you may arrange a makeup lesson during the same term. If fees are not received by the commencement of the term your child will not be included in the walking pickup from school. If you know you will be absent for the first 3 weeks of the term, please contact [info@sdga.com.au](mailto:info@sdga.com.au) to discuss prorated fees.

Term fees				
Hours per week	All inclusive term fee		Hours per week	All inclusive term fee
1	235		7	1085
1.5	335		7.5	1135
2	435		8	1185
2.5	535		8.5	1235
3	635		9	1285
3.5	735		9.5	1335
4	785		10	1385
4.5	835		10.5	1435
5	885		11	1485
5.5	935		11.5	1535
6	985		12	1585
6.5	1035		Other - contact SDGA	\$ _____
Private lessons				
30 mins	65		60 mins	85

## ACTIVE KIDS AND CREATIVE KIDS VOUCHERS

We are registered as both Active Kids and Creative Kids providers. To utilise these vouchers you must forward the original Service NSW voucher number (16 digit number) with your child's DOB to [info@sdga.com.au](mailto:info@sdga.com.au) BEFORE the term invoice is due and before the term starts. Vouchers received after this date cannot be utilised for the current term and will be processed against the next term's fees (or for uniforms if received in term 4). Once you have forwarded the vouchers you may select 'partial payment' on your PayPal invoice and pay the invoice deducting the voucher amounts.



[sdga.com.au](http://sdga.com.au)

0413 221 277

[info@sdga.com.au](mailto:info@sdga.com.au)



# Ballet Exams and our Annual Concert



## Royal Academy of Dance Ballet Exams

The Royal Academy of Dance is the largest internationally recognised examination body for Classical Ballet. This is the syllabus that our students learn in their Ballet classes and we believe our students deserve to receive an internationally recognised qualification for the work that they are learning in class. Ballet exams are held in November each year. We encourage all of our students to participate because they give the students a goal to work towards and great pride when they receive their results. It is a great way for you as parents to see the effort your dancer and their teachers put into every lesson. Exams are a fun and exciting experience - just ask any of our students and they will tell you they can't wait for their next exam!

Participation in class awards, examinations and solo performance awards is by INVITATION ONLY as the marks received by our students reflects on the school and our teachers. We have always achieved 100% success in exams and pride ourselves on the high marks we have achieved to date. Information will be emailed to our Ballet students during term 2 if your dancer is eligible to participate in an exam.

## Annual Concert

Our annual concert will be held in November at Glen Street Theatre, Belrose and is very fun, relaxed and inclusive concert giving every student the opportunity to show you the dances they've been learning in class. There are no extra stage or dress rehearsals and no extra costume hire fees. It is important to us that ALL of our students have the opportunity to show family and friends the technique and performance skills that they have learnt during the year and no child is hidden in the back row - they have all worked very hard as a team for their moment on stage. The only time you will go to the theatre is for the concert itself. We hold in-class dress rehearsals to allow us proper time to ensure costumes are correctly fitted and suitable for the dance. Twirl, Tumble & Tap dancers sit with their parents in the audience between their two dances on stage so they can watch the concert and are never out of your sight. Costume hire is included in our fees structure so there is no additional cost right before Christmas. Our concert highlights video can be found on our website.

We can't wait for your to see your child perform on stage at our 2021 concert.