



Timetable 2020

LINDFIELD LEARNING VILLAGE

Blair Wark Centre (above oval)
100 Eton Rd,
Lindfield NSW 2070

ROSEVILLE

St Luke's Presbyterian Church,
28 Lord St,
Roseville NSW 2069

EAST LINDFIELD

Lindfield East Community Hall
9 Wellington Rd,
Lindfield East NSW 2070

SCHOOL PICK-UP

SDGA offers a FREE after school walk between pick up service for our students:

Lindfield Learning Centre	Mondays & Tuesdays at 2.50pm	(meet at 'LLV sign')
Roseville Public School	Mondays & Thursdays at 3.10pm	(meet at 'climbing web')
Lindfield East Public School	Friday at 3.15pm	(meet at 'top gate')

How to register

Register online through the online enrolment form. Our teachers meet the students at the location above and their names are marked on the roll. We then walk to the studio together where the students then change into their dance uniform and eat their afternoon tea before their dance class begins. Students are to bring their own afternoon tea (no nuts).

If your child will be absent

We offer this service to help you so please help us by correctly informing us if your child is absent, otherwise we waste valuable dancing time calling parents who have 'forgotten' to let us know their child is at home. You know your child is safely at home but we don't unless you inform us.

If for any reason your child will be absent from the walking pickup you must email info@sdga.com.au by 2pm the day of the pickup. If your child is not at the pickup location 5 mins after the pickup time above we will call you. **If we have to call you on two occasions during the year because you have not informed us by email that your child is not attending the walking pickup, you will receive an email notifying you that your child is no longer on the walking pickup list.** They will still be enrolled in the class but not for the walking pickup. It will be your responsibility to get them to the class and there will be no refund for the remaining term fees if your child cannot attend the class.

If you cannot be contacted

If you cannot be contacted and your child is not at the pickup spot we will check with the school office as to whether they attended school. If they were absent we will begin our walk to the studio. If they attended school we will put an announcement over the loud speaker to meet us at the school office. If they are not at the office within 10 mins of the pickup time above we will begin our walk to the studio and your child is to go to the school office where the school will contact you to collect your child, following their school pickup procedure.

Thank you in advance for helping our walking pickups run as smoothly as possible.

sdga.com.au

0413 221277

info@sdga.com.au

TWIRL, TUMBLE & TAP (ages 4 - 5 yrs)

Tuesday	Pre-School Acro Dance	3.30 - 4.30 pm	Lindfield LV
Saturday	Pre-School Ballet & Dance	9.30 - 10.30 am	Roseville
Saturday	Gymnastics & Tap (extension class - must also attend 9.30 - 10.30am class)	10.30 - 11.30 am	Roseville

PRE-JUNIOR (Kindy - Year 1)

Monday	Combo (Ballet & Jazz) and Acro Dance	3.30 - 5 pm	Lindfield LV
Monday	Acro Dance	3.45 - 5.45 pm	Roseville
Tuesday	Acro Dance	3.30 - 5 pm	Lindfield LV
Tuesday	Performance Troupe*	5 - 6pm	Lindfield LV
Thursday	Combo (Ballet, Jazz & Tap)	3.45 - 5.45 pm	Roseville
Friday	Combo (Ballet & Jazz) and Acro Dance	3.45 - 5.15 pm	East Lindfield
Saturday	Development Troupe (no eisteddfods)	9.30 - 11.30 am	Roseville
Saturday	Book a private lesson for solos	From 11.30 am	Roseville

JUNIOR (Year 2 - 4)

Monday	Acro Dance	3.30 - 5.30 pm	Lindfield LV
Monday	Combo (Ballet, Jazz & Tap)	3.45 - 5.45 pm	Roseville
Tuesday	Combo (Ballet & Jazz)	3.30 - 5 pm	Lindfield LV
Tuesday	Performance Troupe*	5 - 6pm	Lindfield LV
Thursday	Acro Dance	3.45 - 5.45 pm	Roseville
Thursday	Acro Dance (advanced)	4.45 - 6.45 pm	Roseville
Saturday	Development Troupe (no eisteddfods)	10.30 - 12.30 pm	Roseville
Saturday	Book a private lesson for solos	From 11.30 am	Roseville

INTERMEDIATE (Year 5 - 7)

Monday	Ballet & Tap	5.45 - 7.15 pm	Roseville
Monday	Acro Dance (advanced)	5.45 - 7.45 pm	Roseville
Tuesday	Acro Dance	5 - 6.30 pm	Lindfield LV
Tuesday	Ballet	6 - 7.30 pm	Lindfield LV
Thursday	Lyrical & Contemporary	5.45 - 7.15 pm	Roseville
Saturday	Book a private lesson for solos	From 11.30 am	Roseville

SENIOR (Year 8+)

Monday	Acro Dance (advanced)	5.45 - 7.45 pm	Roseville
Tuesday	Acro Dance	5 - 6.30 pm	Lindfield LV
Tuesday	Ballet	6.30 - 8 pm	Lindfield LV
Thursday	Lyrical & Contemporary	5.45 - 7.15 pm	Roseville
Saturday	Book a private lesson for solos	From 11.30 am	Roseville

Dance Style Descriptions

COMBO CLASSES

All of our younger classes are combo classes, either of Ballet and Jazz or Ballet, Jazz and Tap. We follow this structure because each style is important in developing versatile dancers and well rounded children. Ballet technique is fundamental to excelling in all styles of dance and improves posture, poise and body awareness. Jazz (including Lyrical, Contemporary and Musical Theatre) develops coordination and improves leaps and jumps at a young age. Tap develops rhythm, coordination, memory and musicality. Just as children learn all of the different apparatus in gymnastics, offering combo classes keeps our dancers actively engaged for their whole lesson as they benefit from the unique challenges of each style.

BALLET

Ballet classes follow the Royal Academy of Dance syllabus, offering students the opportunity to participate in Class Awards, Examinations and Solo Performance Awards. Ballet technique is essential to excel in other styles of dance and for students wishing to pursue a career in dance. The new Royal Academy of Dance syllabus is engaging and there is now a greater emphasis on 'feeling before form' for the younger grades, and then 'feeling with form' as the grades progress. Ballet improves posture, flexibility and grace, while instilling a sense of self-discipline and a sense of achievement and pride as students prepare for exams.

JAZZ

Commercial Jazz, Lyrical, Contemporary and Musical Theatre Jazz are taught in our Jazz classes. Commercial and Musical Theatre Jazz styles are sharp and energetic, while Lyrical and Contemporary are softer and more expressive. Jazz develops strength, coordination, flexibility, rhythm and musical awareness. Students learn technical turns, leaps and basic gymnastic skills such as handstands, cartwheels and bridges, which add the 'wow' factor in dances.

TAP

Tap classes develop rhythm, style and coordination. Students learn a variety of tap styles including Fast Tap, Broadway Tap and Waltz Tap, to pop musical as well as jazz music.

ACRO DANCE

In Acro Dance classes, students learn Jazz Ballet and Gymnastics floor skills which can be performed in a dance. Students develop core strength, control and flexibility and learn correct technique for handstands, cartwheels, bridges, walkovers, aerials (cartwheels and walkovers without hands touching the floor), chest rolls, elbow stands, partner cartwheels etc. **Younger classes are approximately half Jazz Ballet and half Gymnastics.** Older classes are majority Gymnastics based as students at this level are expected to have a solid technical foundation in Dance and be working on Acro skills during these classes to incorporate into their other dance classes. Advanced students must be able to perform cartwheels, round-offs and unassisted walkovers. These classes will move at a much faster pace. Students who are not at the required level will be asked to attend a more appropriate class.

DEVELOPMENT TROUPES

The Development Troupe is for students who may be interested in auditioning for the Performance Troupe in future or who are wanting to improve their technique, performance skills and confidence. The Development Troupe is ideal for those students balancing other sporting and cultural commitments, and is the perfect 'stepping stone' into the Performance Troupe. Students learn Acro Dance, Ballet, Jazz, Tap, Lyrical and Contemporary in this class and prepare for Royal Academy of Dance Class Awards, Examinations and Solo Performance Awards.

PERFORMANCE TROUPES

Performance Troupe classes are by audition and invitation only. All Performance Troupe dancers MUST attend a minimum of 3.5 hours technique classes during the week in addition to the Performance Troupe class. Commitment is essential to the success of the troupe. More information is on our website. Please contact Regina to express your interest.